



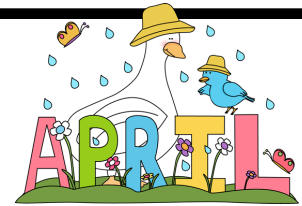
GUARDIAN MARTIAL ARTS & FITNESS, INC.

GUARDIAN MARTIAL ARTS & FITNESS MISSION STATEMENT

Our mission at Guardian Martial Arts & Fitness is to share the life enhancing benefits of martial arts and fitness with those we are privileged and dedicated to serve.

APRIL 2016

BE PREPARED! WOMEN & YOUNG LADIES SELF-DEFENSE SEMINAR!



Like most things, we always do better when we have practiced and prepared! Self-defense is no exception! On Saturday, April 30, 2016, Guardian will host a women's and young ladies self-defense class. The class will run from 11:30 a.m. until about 2:30 p.m. Environmental awareness will be discussed. Self-defense moves will be quick, practical and effective. All students will have an opportunity to practice. Participants will also receive a take-home manual. Cost is \$30.00. Please pre-register at (734)266-0565. Space will be limited to ensure a good instructor to student ratio. Come and learn great self-defense and have fun, too!



GROUND FIGHTING SEMINAR

Guardian will be hosting a ground fighting seminar on Tuesday, April 26, 2016. While Kenpo is a stand-up art, fights often end up on the ground. It is always good to be able to handle yourself if you find yourself needing to regain your footing.

Mr. Bill Barker will teach the seminar. It will begin at 7:00 p.m. and will run till about 8:30 p.m. or so. The cost is \$20.00. This seminar is open to non-kenpo students. Parents and family members are welcome. A sign-up sheet is posted. Come improve your skills and have some fun! Ages 10 and up.

PLEASE NOTE INSTRUCTOR
CLASS CHANGE OF TIME!

Instructor's Class
Friday, April 15, 2016

5:30 p.m.

Instructors Class

6:30 p.m.

Black Belt Candidate workout
is for ALL Brown Belt & up
students. This class is
mandatory,



Guardian Martial Arts & Fitness, Inc.

APRIL, 2016

FOOD WORD SEARCH

QUESTIONS	ANSWERS
1. TROACR	1.
2. IPE	2.
3. TIURF	3.
4. OCABN	4.
5. EECHSE	5.
6. LPPAE	6.
7. EDARB	7.
8. GBELTVEEA	8.
9. NDCAY	9.
10. RCIE	10.
11. AAANNB	11.
12. OOMTTA	12.
13. TTCLUEE	13.
14. NRCO	14.
15. OAOTPT	15.
16. TARYREBWSR	16.
17. AHGRMRUBE	17.
18. AOGERN	18.
19. PAIZZ	19.
20. UOPS	20.

* See Ms. Perkins if you need help solving

**GOOD LUCK
TOURNAMENT
COMPETITORS!**

The tournament in London, Ontario is upon us! It is sure to be exciting! At the moment we have seven students competing. Please wish good luck to:

Avery Morrow, Shannon Morrow, Trevor Morton, Sean Arning, Alex Arning, Ali Dabaja, Mariam Dabaja, Drake Brown, Ryan Tomaszycski and Colin Tomaszycski.



Guardian Martial Arts & Fitness, Inc.

APRIL, 2016

GRADUATION

Congratulations to all our **MARCH Graduates**. **Lil' Dragons:** Brayden Baugher; Tyler Bugosh; Cody Bluebaugh; Neraya Empson; Leah Kemmerling; JJ Koch; Kaden Parker. **Juniors:** Adam Bennett; Drake Brown; Leelan Devers; Jessica Gronda. **Adv. Juniors:** See you next month!!! **Brown Belts & Jr. Black Belt:** Jonah Ostella. **Probationary Black Belts:** See you next month!!! **Adults:** See you Next Month. **GCFRC:** Waseem Alward; Michael Bengle; Precious Deese; Jacey Law; Jesse Nelson, Eslam Yaghub.

Congratulations to our Tipton Graduate: Arianna Begarowicz; Brendon Billick; Logan Bingham; Olivia Hines; Victoria Hines; Trevonte Mills; Zavier Moore; Victoria Shami; Audrianna Young; Ava Young.

Congratulations to all our ABT Graduates: **Juniors:** Derrick Ellison.

Congratulations to our Bright Futures Graduates: See you next month!!!

GREAT JOB, STUDENTS! Each step takes you closer to the goal of Black Belt!

GRADUATION FOR APRIL, 2016

Graduation for APRIL will be on Saturday April 15, 2016. Grading will be at 10:00 a.m. for Junior and Adult students Good luck!

BIRTHFDAYS IN April

Its time to celebrate! Blessing to: Madison Kelly (04-03); Tayler Keith (04-04); Razan Zorkot (04-04) HAPPY BIRTHDAY!

EVENTS TO PLAN FOR:

***TOURNAMENT—**April 3, 2016

***GROUND FIGHTING SEMINAR—**April 26, 2016

***WOMEN'S SELF-DEFENSE SEMINAR—**April 30, 2016

***BLACK BELT EXTRAVAGANZA—**June 25, 2016

***15 YEAR ANNIVERSARY ARNIS SEMINAR -**July 30, 2016, Livonia

***NATIONAL WOMENS'S MARTIAL ARTS GATHERING -**July 21, 2016—July 24, 2016

at Northwestern University in Illinois.



Guardian Martial Arts & Fitness, Inc.
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We're on the Web:
Guardianmartialarts.co

**SPECIALIZING IN YOU
AND EXCELLENT AT IT!**

SCHEDULE OF EVENTS

APRIL 2016

04-03 Tournament in London, Ontario

04-15 5:30 Instructors Class

6:30 BB Candidate workout

04-16 Grading 10:00

04-26 Ground Fighting Seminar 7:00 p.m.

NO ARNIS/8:00 ADULT CLASS

04-30 Women's Self-Defense Seminar

MAY 2016

05-20 5:30 Instructors Class

05-20 6:30 BB Candidate Workout

05-21 Grading 10:00

05-28 & 05-30 Studio Closed for

Memorial Weekend

JUNE 2016

06-17 BB Candidate Workout 5:30

06-17 Instructors Class 6:30

06-18 Grading 10:00

06-24 BB Private Grading 3:30

06-25 BB Private Grading 10:00

06-25 BB Extravaganza 5:30

